

# THE *Current*

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## A Research Lifeline

In the years since [Anabel Ford](#) encountered the Maya city of El Pilar between Belize and Guatemala in 1983, the research anthropologist and director of the [MesoAmerican Research Center](#) at UC Santa Barbara has dedicated her career to documenting and [preserving](#) the ancient site.

Now, a new grant of \$289,806 from the National Science Foundation will allow Ford and her research team of archaeologists, botanists, geographers, palynologists and soil scientists to conduct research into how the Maya built and sustained dense settlements in the tropical forest.

“We are asking what geographic characteristics are influencing ancient Maya settlements,” said Ford, whose team includes co-principal investigator [Keith Clarke](#), professor in the Department of Geography at UCSB. “To ask this question we need to have a settlement survey for archaeology, soil for fertility, vegetation for the environment, topography for the landscape base and the modeling for geography.

“This grant will bring into our comparative data a soil study by soil scientists and vegetation and pollen analysis by botanists from EcoSur Mexico,” she continued. “They work in the Maya Forest and will bring in new and challenging perspectives on the settlement and environmental issues.”

The grant will also let Ford finish [mapping El Pilar](#) Archaeological Reserve for Maya Flora and Fauna, which covers 5,000 acres, or 2,000 hectares. Remotely sensed Lidar imagery, along with data from the various disciplines on-site, will be used by

Clarke to build models of agricultural land sustainability and human environmental impacts.

“We need soil and vegetation data,” Ford said, “to integrate the settlement survey and compile a new map with all variables to examine site and subsistence and then move on to examine in depth how El Pilar’s people managed the environment.”

The project will also provide opportunities for students, professional colleagues and volunteers from the United States, Belize, Guatemala and Mexico to engage in the research, according to Ford.

“Investigators will expand [local networks and partnerships](#) by coordinating activities with community-based organizations, NGOs and governmental agencies to promote greater scientific knowledge of the prehistory and ecology of the Maya lowlands,” she said. “New data generated by this project will be available to all partners to aid in planning projects for education and development.”

Before Ford’s research at El Pilar, it was widely believed the Maya disappeared as a result of overpopulation and environmental degradation. But in her work at the site, she has demonstrated that the Maya were in fact [skilled managers](#) of the forest.

“Ecological imperialism has been the de facto judge,” she said, “and the view has impacted how to look at the landscape if you are looking for arable land that is plowable — and the Maya did not use a plow! If you look for fertility and cultivatable land, if it is by hand that is a whole different view. Also, the fact that the milpa cycle is key. Agroforestry studies show the value of the intimate poly-cultural farm view is so different than the monocrop conventional farming typical in the U.S.”

In “The Maya Forest Garden: Eight Millennia of Sustainable Cultivation of the Tropical Woodlands” (Routledge, 2015), which she co-authored with Ronald Nigh, Ford examines how the milpa system — a carefully managed cycle of land clearing and crop-tree rotation that is completed with the land returning to forest — was able to sustain large pre-Columbian populations. And rather than destroying the environment through agriculture, as conventional wisdom holds, the Maya milpa system improved the soil and biodiversity of the forest.

It’s worth noting as well that Ford says she “encountered” El Pilar rather than “discovered” it, and the remnants of what was a vital city are “monuments,” not “ruins.” The site has been there for millennia, and its existence has never been a

secret to the Maya themselves.

“The name El Pilar was on maps that I found even without mention to the plazas and temples,” she said, “and like Columbus ‘discovering’ America, it was always there — I just helped to give it value in the archeological world. That is another reason I use the word monument, not ruins: It commands respect, and gives the local community agency and values their observations and experience at El Pilar.”

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